



Maine Walking/Hiking

Coastal Maine Botanical Gardens

Barter's Island

Boothbay, ME 04537

Adult Admission \$10, Child (5+) Admission \$8

The Botanical Gardens in Boothbay span 248 waterfront acres and offer a lush backdrop of native wildflowers, groomed gardens and walking trails overlooking lovely water views.

Hamilton Sanctuary

219 Foster's Point Rd

West Bath, ME 04530

Free Admission

The Hamilton Sanctuary, founded in 1984 by Millicent Hamilton and the Maine Audubon Society, is a 74-acre wooded peninsula overlooking Back Cove. Bird-watchers will find much to see here, and any nature lover will be content to stroll the Sanctuary's walking trails and view the salt marsh, open meadow and coastal forest that grace the property.

Fort Popham & Popham Beach

10 Perkins Farm Land

Phippsburg, ME 04562

\$2 Adult Admission to the beach

207-389-1335

A granite fortification partially built in 1862 for use during the Civil War, Fort Popham sits at the edge of the Kennebec River and offers a striking view of the waterfront. Nearby is Popham Beach, a lovely white-sand beach with 3 miles to walk along.

Camden Hills

Camden, ME 04843

\$3 Admission per vehicle

Take a drive to the impressive Camden Hills area ("where the mountains meet the sea") and if you're up for an invigorating hike, you will be rewarded with an unforgettable view of the Penobscot Bay.

Fernald's Neck Preserve (Camden)

Camden, ME 04843

Free Admission

Fernald's Neck Preserve is a beautiful but little-known hiking trail; many visitors overlook it and head to the Camden Hills instead. Don't make that mistake! The Preserve covers 315 acres with over 3 miles of shoreline on Megunticook Lake. There are extensive mountain and forest views as well. Be sure to wear hiking boots - the trails can be wet at times. From Route 1 in Camden take route 52 about 4 miles to Fernald's Neck Road. Just beyond the Youngstown Inn, bear left at the fork in the road. Continue past the grey farmhouse and park in the hay field near the woods.

Monhegan Island**Monhegan, ME 04852****See Below for Travel Rates...**

Monhegan Island is frequented by day-trippers who, upon arrival, will find a charming, rustic village with a population of only about 65. The island, though only about a square mile in area, is also graced by extensive woodlands, meadows, and impressive cliff views. There are several walking trails (over 17 miles worth) to pick from. On the boat ride over, (you can get there either from New Harbor, Rockland, or Boothbay Harbor) it is likely that you will glimpse harbor seals, puffins, or whales. Following is a list of companies that provide cruises out to the island; ask us at the front desk for more information if you are interested!

Balmy Day Cruises out of Boothbay Harbor: \$32 adult, \$18 children under 11 - Call ahead for departures

Hardy Boat Cruises out of New Harbor: \$30 adult \$18 children under 12 - Call ahead for departures

Motor Vehicle Monhegan out of Rockland: \$20 adults \$7 children under 12 - Call ahead for departures

Dodge Point**Newcastle/Damariscotta 04553****Free Admission**

Dodge Point encompasses 521 acres of Newcastle's prettiest property. There are abundant walking trails, 8000 feet of water frontage on the Damariscotta River, and many freshwater ponds for fishing. There is frequently wildlife to be spotted as you're walking along the trails, so if nature interests you, Dodge Point is sure to please.

Josephine Newman Wildlife Sanctuary**Georgetown, ME 04548****Free Admission**

Josephine Newman bequeathed over 119 acres with 2.5 miles of hiking trails to the Maine Audubon Society; the property is mostly wooded, with views out to Robinhood Cove and the reversing falls. Just be sure to wear bug-spray, as there seems to be an abundance of mosquitoes in the area.

Wolfe's Neck Woods State Park**Freeport, ME 04032****Free Admission**

Here there are over 200 acres of preserve, with marshes, fields and wooded areas, all along the shoreline of Casco Bay. The Park is home to many ospreys, so there are visitor information panels about the birds throughout the property. Visitors can opt to take a 1-hour guided nature walk if they desire, or explore the trails on their own.

Robert P. Tristram Coffin Wildflower Sanctuary**Route 128****Woolwich, ME 04539****Free Admission**

This is a 180-acre preserve owned by the New England Wildflower Society; the preserve contains over 200 species of flowers, trees and shrubs and there are walking trails overlooking Merrymeeting Bay. (Take Rte 127 N from Bath for 2 miles, go left onto Rte 128; drive 4.5 miles, look for entrance sign).